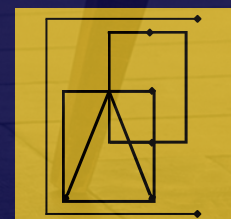


# YOUR #1 PROJECT - LIFE ACADEMY

#5 *Ways* to *Avoid* life scope creep



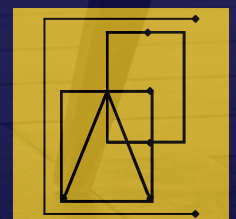
Episode  
#4



# WHAT IS LIFE SCOPE CREEP?

Life scope creep is like a cluttered closet that keeps getting fuller **without** anything really **fitting**.

It's the **overwhelming** feeling of doing too much but **achieving** too little.



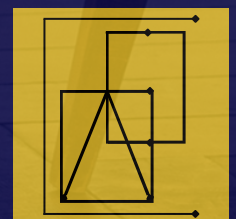
# #1 REDIRECT FOMO



Feel FOMO for your **Own**  
**life**

**Make sure** you have  
**clear** goals and dreams

Live **your** life, moving towards **your** dreams  
and **your** goals

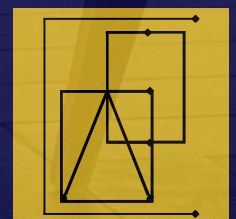


# #2 FOCUS ON WHAT'S MATTER



Always remember your goals before dividing your focus

One step at a time you can get closer to your goals - if you focus those steps towards the same direction

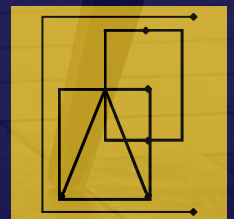
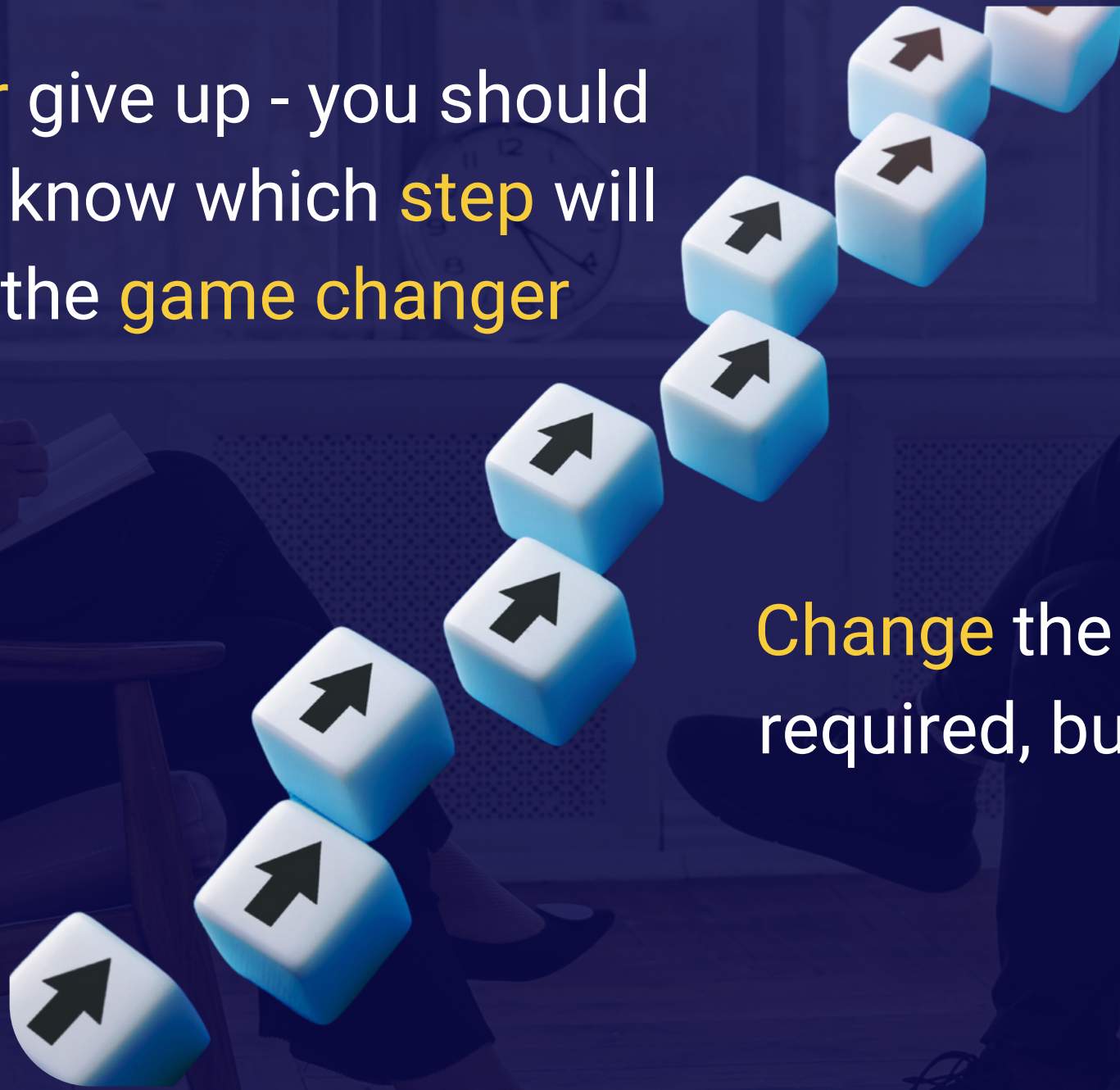


#3

# CONSISTENCY IS KEY

Never give up - you should never know which **step** will be the **game changer**

Change the approach if required, but **don't stop**

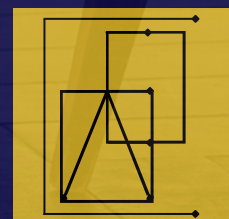


# #4 EFFECTIVE TIME MANAGEMENT

Focus on **high-priority**  
tasks

Do not **procrastinate**

**Time** is your most **scarce** asset - use it **wisely**



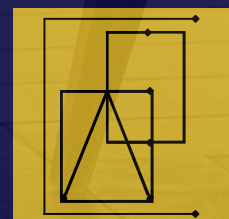
# #5 EMBRACE SELF-CARE



Take time **off**

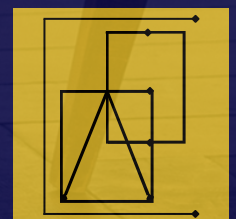
Enjoy Life - It is  
happening **for you**  
not to you.

Taking **care** of your well-being is **essential** for  
long-term **success**



By **implementing** these tips, you can **break free** from life scope creep and live a more **purposeful**, balanced, and **accomplished** life.

**Start today!**





# YOUR #1 PROJECT - LIFE ACADEMY

Where will you put your focus?



Comment your thoughts!



Found it useful? Share!



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