

YOUR #1 PROJECT - LIFE ACADEMY

Personal Escalation Playbook



Episode
#12



WHY IS IT IMPORTANT?

In real life, there might not always be a supervisor or a higher authority to turn to when you face challenges or need to make decisions about your next steps



Following some guidance can make it easier for you to navigate



#1 SEEK WISDOM FROM ALLIES

You can pick your “Sponsor”
and accountability partner

Family
Friends
Spouse



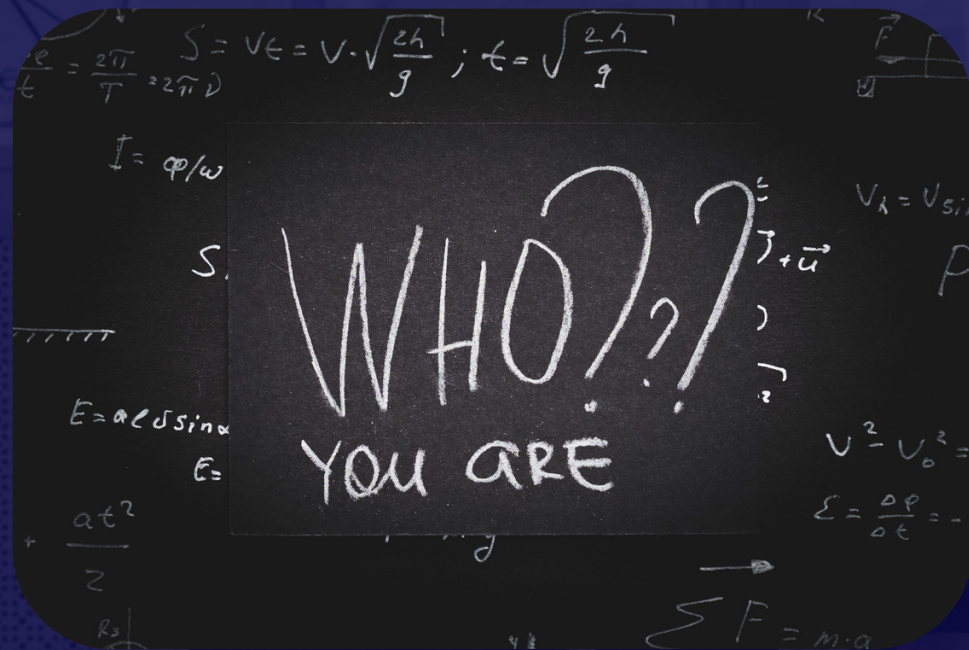
Their insights can provide fresh perspectives
and guide you through uncharted territories



#2

REFLECT ON TRUE DESIRES

Goals often reflect societal norms



Take a moment to introspect—do your aspirations align with your authentic self



#3

DECODE PAST CHALLENGES

Every setback carries lessons



Understanding the 'why' is the compass guiding you towards future success



#4

CRAFT A RESILIENT PLAN

Armed with insights,
design a robust plan

Your plan is the roadmap
to a purpose-driven future



What actionable steps will lead you towards your
aspirations?



#5

ENVISION THE OUTCOMES

What will it cost you
if you won't do it?

What will it bring
you if you do it?

Consequences
Just Ahead

Visualize both scenarios. This clarity fuels
motivation and eases decision-making



Clear goals bring clarity. Keep your dreams at the forefront, steering your decisions towards personal fulfillment. Your unique journey deserves decisions that align with your aspirations



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Do you have a goal that you think is not your own?



Comment your thoughts!



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